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# TRICARE ONLY

## ALL FIELDS REQUIRED

Date: \_\_\_\_\_ Expected Due Date : \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Patient Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Patient Cell: \_\_\_\_\_ Patient Email: \_\_\_\_\_

Patients Benefits Number (11 digits): \_\_\_\_\_

### E0603 Personal Breast Pump Dispense One Electric Breast Pump & Supplies

<input type="checkbox"/> Medela Pump-In Style with MaxFlow 	<input type="checkbox"/> Spectra S1 	<input type="checkbox"/> Spectra S2 	<input type="checkbox"/> Spectra 9 Plus 	<input type="checkbox"/> Elvie Stride 
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DX Code  Z33.1 - Pregnant state, incidental  Z39.1 Lactating mother

**UPGRADE OPTIONS AVAILABLE  
CALL (800) 270-6990**

### Compression Stockings (20-30 mmHg)

<input type="checkbox"/> Knee high 	<input type="checkbox"/> Thigh high 
<input type="checkbox"/> Waist high 	<input type="checkbox"/> Maternity 

Size  
 S  M  L  XL

DX Code

I87.2 - Venous insufficiency (chronic) (peripheral)

I83.813 - Varicose veins of bilateral lower extremities with pain

I83.93 - Asymptomatic varicose veins of bilateral lower extremities

### Postpartum Support Brace



Size  
 XS  S  M  L  XL  2XL  3XL  4XL

DX Code

R10.2 - Pelvic and perineal pain Diagnosis codes:

N81.82 - Weakening of pubocervical tissue

O26.7 - Subluxation of symphysis (pubis) in pregnancy, childbirth & puerperium

O71.89 - Diastasis Recti

K40-46- Hernia

O70.0 – O70.4 -Perineal laceration during delivery

M25.551/M25.552- Hip pain R/L

R10.30 - Lower abdominal, inguinal, groin pain

## SIZING GUIDES ON THE BACK

Physician Name: \_\_\_\_\_ Physician Signature: \_\_\_\_\_

Physician Phone: \_\_\_\_\_ NPI: \_\_\_\_\_

Clinic: \_\_\_\_\_

# COMPRESSION STOCKINGS

## STEP ONE: TAKE MEASUREMENTS

### Measuring Guide for Sizing of Compression Stockings

Measuring your legs for compression stockings, support socks, support hose, and gradient compression hosiery:

- **For knee-highs:** measure around your ankle and calf. Then, measure the distance from the floor to the back of your knee.
- **For thigh-high:** measure around your ankle, calf, and upper thigh. Then, measure the distance from the floor to your upper thigh (bottom of your buttocks).



**ANKLE**  
Measure around the ankle at the narrowest point, generally above the ankle bone.

**CALF**  
Measure around the calf muscle at the widest part.



**LENGTH**  
Measure from the floor to the bend behind the knee.



**THIGH**  
Measure around the thigh approx. 3" below the gluteal fold (crease of buttocks).

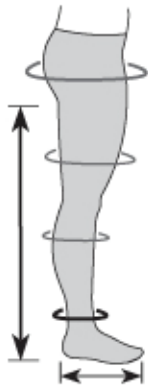


**THIGH LENGTH**  
Measure the distance from the bottom of your buttocks to the floor.



## STEP TWO: DETERMINE SIZE

### Sizing Guide



Size	Ankle	Calf	Thigh	Hip	Waist	Length
Small	6.25"-7.5" (16-19cm)	10.5"-13" (27-33cm)	15"-18" (38-46cm)	to 40" (to 102 cm)	to 30" (to 76 cm)	29"-35" (74-89cm)
Medium	7.5"-8.75" (19-22cm)	11.5"-14" (30-36cm)	17.5"-20.5" (44-52cm)	to 42" (to 107 cm)	to 33.5" (to 85 cm)	31"-37" (79-94cm)
Large	8.75"-10" (22-25cm)	12.5"-15" (32-38cm)	20"-23" (51-58cm)	to 44" (to 112 cm)	to 36" (to 91 cm)	33"-39" (84-99cm)
X-Large	10"-11.25" (25-29cm)	13.5"-16" (34-41cm)	22.5"-25.5" (57-65cm)	to 46" (to 117 cm)	to 38" (to 97cm)	35"-41" (89-104cm)
XX-Large	11.25"-12.5" (29-32cm)	14.5"-17" (37-43cm)	25"-28" (64-71cm)	to 52" (to 132 cm)	to 44" (to 112 cm)	35"-41" (89-104cm)

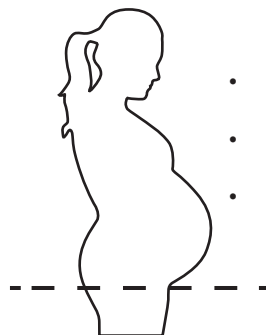
\*The mean compression for an average ankle size.

## MAMA STRUT POSTPARTUM BRACE SIZING GUIDE

### Sizing Guide

The Mama Strut comes in XS-4XL, we've got you covered mama!

To find the correct size, measure below the belly and around the hips and reference our sizing guide. Because our sizes overlap, if you are measuring at the top end of a size, we recommend rounding up to the larger size or buy the extender bands, as there is often swelling after delivery.



- Measure at 34+ weeks pregnant
- Measure horizontally across the pubic bone
- Sizes intentionally overlap, if you're between sizes, we recommend sizing up

Brace Sizing		
XS	29" - 34"	73cm - 87cm
S	32" - 37"	82cm - 94cm
M	25" - 42"	94cm - 107cm
L	38" - 45"	97cm - 115cm
XL	42" - 48"	107cm - 123cm
2XL	48" - 54"	122cm - 137cm
3XL	54" - 60"	137cm - 152cm
4XL	60" - 64"	152cm - 163cm